

Adults with Learning Disabilities (ALD) Team

**Abingdon
& Witney
College**



Come to Abingdon and Witney College!

Register now and we can help you with funding your course.



- Build your confidence
- Meet new people
- Try new things
- Learn new skills



Look at the information below and get in touch with the team to find out more about the courses or to sign up.



Call us on: 01235 216 291



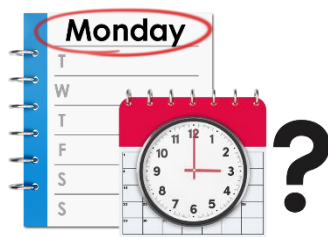
Email us at:

Annette.powell@abingdon-witney.ac.uk



Cookery (1)

Learn cooking skills so you can make yummy food at home.



When: This course will be every **Monday**

Time: 10:00am – 12:15 pm

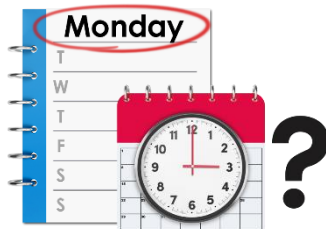


Where: Abingdon Campus



Being Independent

Managing your money, getting ready to have a job and practicing interviews.



When: This course will be every **Monday**

Time: 1:00pm – 3:15pm

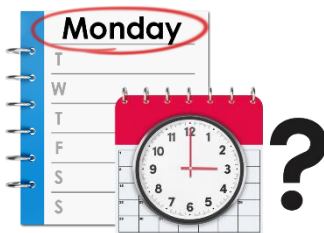


Where: Abingdon Campus



Pottery (1)

Learn how to make different things from clay and use a pottery wheel.



When: This course will run every **Monday**

Time: 10:00am – 12:15pm

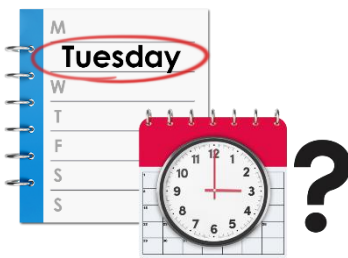


Where: Abingdon Campus



Fitness and Wellbeing

Learn how to keep your body and your mind fit and healthy at our gym.



When: This course will run every **Tuesday**

Time: 12:30pm – 2:30pm

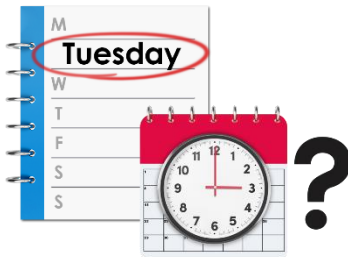


Where: Abingdon Campus



Cookery (2)

Learn cooking skills so you can make yummy food at home.



When: This course will run every **Wednesday**

Time: 10:00 – 12:15pm

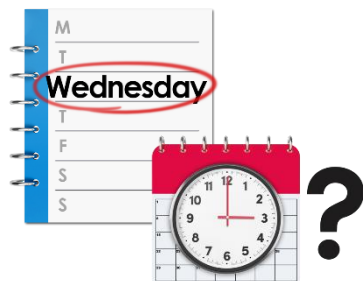


Where: Abingdon Campus



Football Training

With support from Oxford United in the Community. Get training and play football with Oxford United Football coaches.



When: This course will run every **Wednesday**

Time: 10:00am – 12:15pm

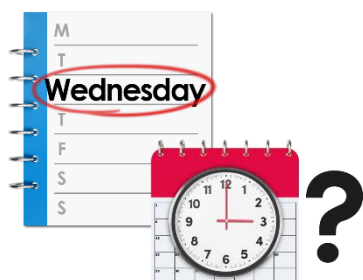


Where: Abingdon Campus



Arts and Crafts

Learn all about different types of art. Create your own art by using different materials.



When: This course will run every **Wednesday**

Time: 1:00pm – 3:15pm

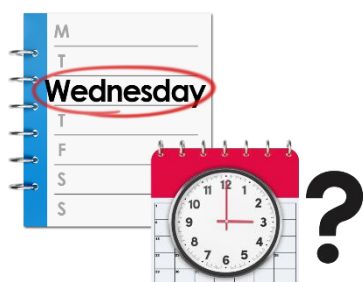


Where: Abingdon Campus



Gardening at Abingdon Allotments

Grow your own food and learn to look after plants.



When: This course will run every **Thursday**

Time: 10:30am – 12:15pm

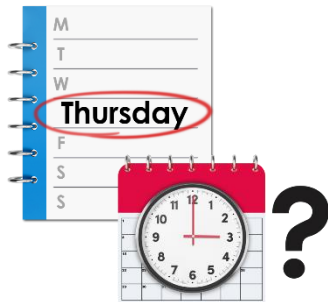


Where: Drayton Road Allotments, Abingdon



Pottery (2)

Learn how to make different things from clay and use a pottery wheel.



When: This course will run every **Thursday**

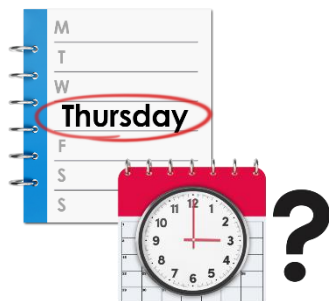
Time: 10:00am – 12:15pm



Where: Abingdon Campus



Ice Skating



When: This course will run every **Thursday**

Time: 1:30pm – 3:30pm

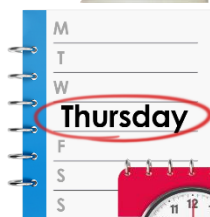


Where: Oxford Ice Rink



Music (1)

Learn how to make great sounds with different instruments.



When: This course will run every **Friday**

Time: 10:00am – 12:15pm

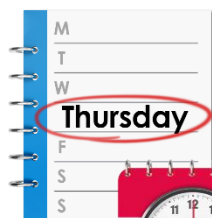


Where: Witney Campus



Self-Defence

Keep fit and learn how to defend yourself.



When: This course will run every **Friday**

Time: 10:00am – 12:15pm

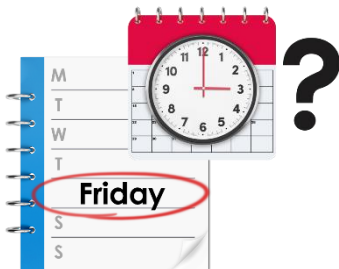


Where: Abingdon Campus



Music (2)

Learn how to make great sounds with different instruments.



When: This course will run every **Friday**

Time: 1:00pm – 3:15pm



Where: Witney Campus



Please get in touch with us if you have any questions or would like to book on to a course.

You can call us on Tel: 01235 216 291



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