



Adults with Learning Differences

Courses 2026 - 2027

Meet the team:



Sarah

Sarah teaches Art and craft, Music Technology and our Fern Meadows course.



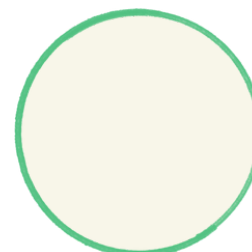
Rob

Rob teaches Gardening, Cooking, Music, Dance and Tai Chi.



Jo

Jo teaches all three of our Pottery courses.



Charlotte

Charlotte teaches Being Independent and Courtside: Towards Employment and Cooking.



Tendai

Tendai teaches Employability in Witney.

Meet the team:



Marjie

Marjie teaches Employability in Abingdon.



Lee

Football with Oxford United in the Community.



Annette

ALD Faculty Administrator.



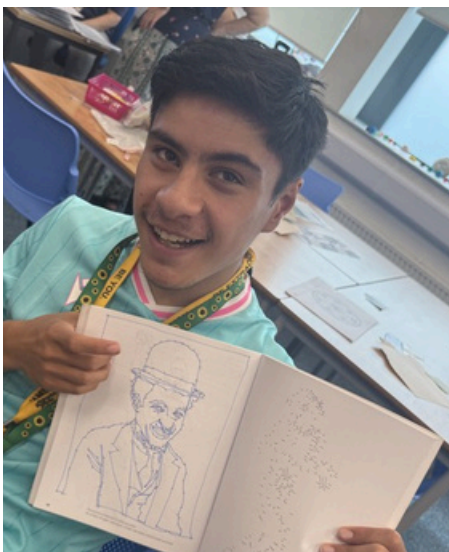
Matt

ALD Coordinator.

Courses at Abingdon Campus 2026-2027

Running Mondays, Tuesdays,
Wednesdays and Thursdays.





Art and craft

Experiment with different materials and artistic techniques to create individual or group projects.

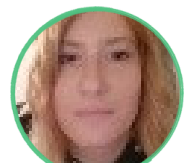
This course encourages creativity, self-expression, and confidence through art.

Art and Craft 1:

Wednesdays 10:00- 12:00
Abingdon Campus

Art and Craft 2:

Wednesdays 13:00- 15:00
Abingdon Campus



Course tutor: Sarah

Being Independent 1

Gain essential life skills to support independent living.

Topics include managing money, using public transport, completing forms, and developing problem-solving skills.

Some sessions may also explore digital tools to support everyday independence.

Mondays:

13:00 - 15:00

Abingdon Campus

10:00 - 12:00

Witney Campus



Course tutor: Charlotte

Cooking



Learn to prepare simple, healthy meals.

The course includes planning menus, shopping for ingredients, understanding basic nutrition, and cooking safely and independently

Focus on planning weekly meals, budgeting, and shopping effectively.

Learners develop practical skills to support independent living and healthy lifestyles.

Abingdon Campus
Cooking 1 Mondays
Cooking 2 Tuesdays
Cooking 3 Wednesdays

Witney Campus: Coming Soon!



Course tutor: Charlotte



Course tutor: Rob



Dance 1

Participate in a variety of dance styles, from traditional to modern.

This fun, energetic class builds coordination, fitness, and confidence while encouraging self-expression.



Abingdon Campus:
Mondays

Witney Campus:
Fridays



Course tutor: Rob

Employability - Abingdon

Learn important work skills. Supported by Oxford Employment and ConnectToWork.

Develop the skills needed to find and sustain employment.

This course covers job searching, completing applications, interview techniques, and workplace expectations.

Abingdon Campus

Mondays: 10:00 - 15:15

CONNECT TO WORK

Funded by **UK Government**



Course tutor: Marjie

Fern Meadows Community Project



Develop your confidence, communication and employability skills while working in a real community setting.

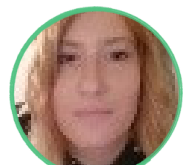
Fern Meadows is a housing and care setting in Faringdon for older adults.

Students will help run Coffee, Cake & Chat, a friendly social session where students can practise talking to residents, listening, serving refreshments and helping people feel welcome, all in a supportive environment.

Students will also help plan, promote and run community and charity events, such as cake sales and bring-and-buy sales. You could make posters, set up stalls, welcome customers, sell items and handle money.

Ideal for students with mild to moderate learning differences, who want to gain confidence ready for work, enjoy learning by doing, meeting people and working as a team.

Meet at Abingdon Campus:
Tuesdays 10:00 - 13:00



Course tutor: Sarah

Fitness



Improve physical health using gym equipment and structured exercises.

Sessions build strength, stamina, and confidence while promoting healthy routines.



Abingdon Campus:
Tuesdays: 10:00 - 11:00



Course tutor: Rob

Oxford United In The Community

Develop football skills through coaching sessions delivered in partnership with Oxford United In The Community.

Learners improve teamwork, fitness, and confidence while enjoying the game.



OXFORD UNITED
IN THE COMMUNITY

Abingdon Campus:
Wednesdays:
12:30 - 14:00
14:00 - 15:30



Course tutor: Lee

Gardening 1

Learn important gardening skills! and in a supportive environment. Explore how to plan and take care of a garden and look after plants.



Gardening 1
Mondays: Abingdon Campus

Gardening 2
Thursdays: at Common Leys
Meet at Witney Campus



Course tutor: Rob

Pottery



Explore ceramic techniques, including hand-building and wheel work.

Learners design, create, and glaze a variety of clay objects while developing creativity, patience, and fine motor skills.

Abingdon Campus:
Pottery 1: Mondays
Pottery 2: Tuesdays
Pottery 3: Thursdays



Course tutor: Jo

Tai Chi

Improve balance, flexibility, and relaxation through gentle, flowing movements and breathing techniques.

Ideal for promoting calmness and overall wellbeing.



Abingdon Campus
Wednesdays
13:00-14:00



Course tutor: Rob

Courses at Witney Campus 2026-2027

Running Mondays,
Tuesdays, Wednesdays and
Thursdays and Fridays



Being Independent 2

Gain essential life skills to support independent living.

Topics include managing money, using public transport, completing forms, and developing problem-solving skills.

Some sessions may also explore digital tools to support everyday independence.



Mondays:

13:00 -15:00

Abingdon Campus

10:00 - 12: 00

Witney Campus



Course tutor: Matt

Dance 2



Participate in a variety of dance styles, from traditional to modern.

This fun, energetic class builds coordination, fitness, and confidence while encouraging self-expression.



Abingdon Campus:
Mondays

Witney Campus:
Fridays



Course tutor: Rob

Employability - Witney

Learn important work skills. Supported by Oxford Employment and ConnectToWork

Develop the skills needed to find and sustain employment.

This course covers job searching, completing applications, interview techniques, and workplace expectations.

Witney Campus

Mondays: 10:00 - 15:15

CONNECT TO WORK

Funded by **UK Government**



Course tutor: Tendai

Gardening 2

Learn important gardening skills! and in a supportive environment. Explore how to plan and take care of a garden and look after plants.



Gardening 1

Mondays: Abingdon Campus

Gardening 2

Thursdays: at Common Leys
Meet at Witney Campus



Course tutor: Rob

Music



Engage in group music-making using instruments such as drums and percussion.

Learners explore rhythm, collaboration, and performance in a fun and supportive setting.



Witney Campus:
Fridays: 10:00 -12:00



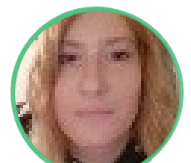
Course tutor: Rob

Music Technology

Students will explore singing, body percussion, rhythm, performance and music technology while working towards a group performance of a well-known song. Through games and creative musical activities, they'll build confidence, teamwork and listening skills, while experimenting with samplers, loop pedals and recording equipment to create their own music.

No previous musical experience is needed, and instrumentalists are also welcome. Activities are adapted so everyone can take part and have fun.

Witney Campus: Mondays 13:00 - 15:00



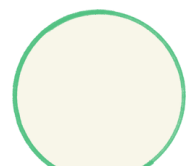
Course tutor: Sarah

Courtside Cafe - Towards Employment

Gain work experience and develop key skills in a supported group. In partnership with Courtside at the Leys in Witney, students will be supported to work in a brand new cafe space and build their confidence in the work place



Meeting at Witney Campus:
Wednesdays 10:00 - 12:30



Course tutor: Charlotte

Get Ready for Work: Cotswold Wildlife Park:



We're delighted to announce that the Cotswold Wildlife Park are collaborating with us to deliver a 10 week course for Adults with Learning Differences!

Students will be supported to work with various teams around the park, including with in the gardens and with the animals.

Please contact us for more details.

Meeting at Witney Campus:
Tuesdays 10:00-16:00



Course tutor: Matt

Adults with
Learning
Differences

**& Abingdon
& Witney
College**

All courses run termly for 10 weeks. Start and finish dates:

Term 1: Monday 21st September to Friday 4th December

Term 2: Monday 12th January to Friday 26th March

Term 3: Monday 19th April to Friday 2nd July

Phone:

01235 216493

Email:

accesstolearning-ald@abingdon-witney.ac.uk

Website:

abingdon-witney.ac.uk/part-time/adults-with-learning-differences